



# LEADERSHIP TRAINING DAY

Welcome to your Leadership Training Day (LTD) event! This is your chance to connect with like-minded NSLS members so let's stay focused on today's goal: creating a personal network of motivated leaders who build a better world.

The LTD is designed to carry on the NSLS' fundamental philosophies about leadership. These foundations create a solid starting point. We can't teach you everything about leadership in a few hours; as a topic, leadership is a years-long engagement process.

Today, we will provide tools to help you explore new mindsets and examine how your beliefs are impacting goal achievement. We'll take time to focus on personal goals while also considering how to create inclusive spaces for others.

Here's what you'll do today:

CONNECT WITH OTHERS

LEARN ABOUT CLARIFYING PURPOSE

SET A SMART GOAL

PRACTICE INCLUSIVITY

ENGAGE IN A SUCCESS NETWORKING TEAM

## LEADERSHIP TRAINING DAY: **COMMONALITIES**

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In the space below each question, write down your group members' names and notes about the commonalities you find in your group. Then, highlight or circle the item your group had most in common.

### WHAT WAS YOUR LAST NEW YEAR'S RESOLUTION AND DID YOU ACCOMPLISH IT?

### WHAT HOBBIES OR ACTIVITIES DO YOU ENJOY?

### WHEN HAVE YOU ACCOMPLISHED SOMETHING AS PART OF A TEAM?

If your group has extra time, answer these additional questions:

### WHAT'S THE MOST EXCITING THING YOU'RE WORKING ON RIGHT NOW?

### WHAT IS SOMETHING THAT'S EASY FOR YOU TO DO BUT HARD FOR OTHERS?

### WHAT DO STRANGERS ALWAYS COMPLIMENT YOU ON?

LEADERSHIP TRAINING DAY:  
**PAST MAD LIB**

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Using your Goals Chart from the Orientation section, titled Orientation: Goals, complete the following activity.

**WRITE IN YOUR “P” PAST GOAL YOU ARE MOST PROUD OF:**

Using your “P” PAST goal, fill in the blanks below to complete your Past Mad Lib.

The goal that I have already accomplished that I’m most proud of is \_\_\_\_\_.

I decided to work toward this goal because \_\_\_\_\_.

The skills I needed to accomplish that goal were \_\_\_\_\_.

Through working towards this goal, I learned a few things about myself, including \_\_\_\_\_.

\_\_\_\_\_.

I can achieve anything I put my mind to.

LEADERSHIP TRAINING DAY:  
**FUTURE MAD LIB**

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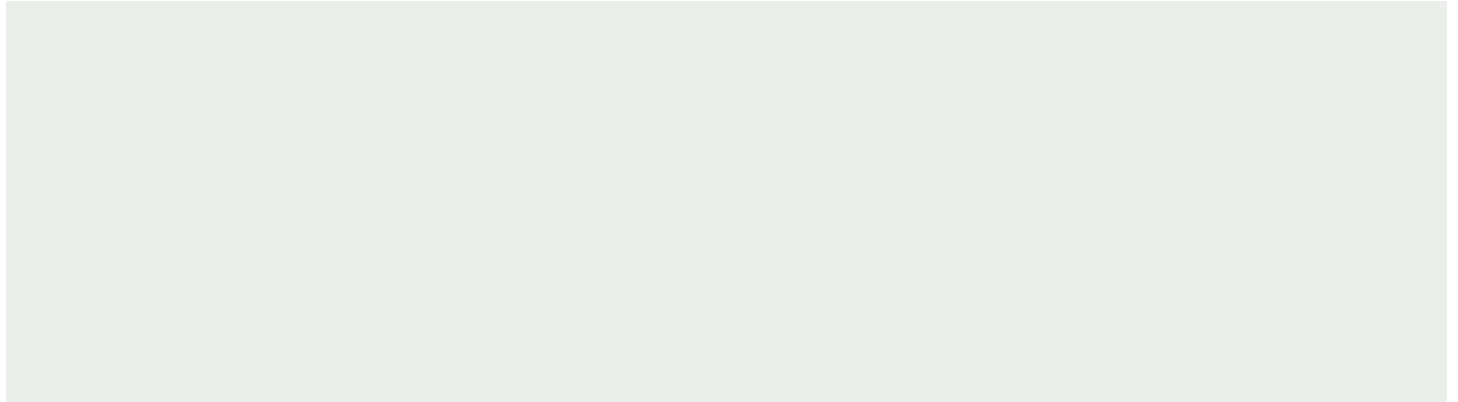
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Using your Goals Chart from the Orientation section, titled Orientation: Goals, complete the following activity.

**WRITE IN YOUR “F” FUTURE GOAL THAT EXCITES YOU THE MOST:**



Using your “F” FUTURE goal, fill in the blanks below to complete your Future Mad Lib.

The goal that I want to accomplish is \_\_\_\_\_.

I want to work really hard to achieve this goal. I decided to work toward this goal because \_\_\_\_\_.

The skills I need to accomplish this goal are \_\_\_\_\_.

If I hit a barrier or challenge when working toward this goal, I am going to \_\_\_\_\_.

# LEADERSHIP TRAINING DAY: SMART GOALS

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## SMART GOALS

**S**pecific. Detailed.

**M**easurable. Milestones

**A**ctionable. Actions

**R**ewarding. Fulfill your passion

**T**ime Specific. Includes an end date

Evaluate your "F" FUTURE goal that excites you the most based on the SMART criteria.

Is your goal:

(Check box yes/no)

YES	NO		
		<b>SPECIFIC?</b>	<i>If no, add specifics</i>
		<b>MEASURABLE?</b>	<i>If no, add milestones</i>
		<b>ACTIONABLE?</b>	<i>If no, add actions</i>
		<b>REWARDING?</b>	<i>If no, add values</i>
		<b>TIME SPECIFIC?</b>	<i>If no, add deadlines</i>

**NOW, USING THE CHART ABOVE, DRAFT A SMART GOAL STATEMENT IN THE SPACE BELOW.**

# LEADERSHIP TRAINING DAY: INCLUSION ICEBERG

CONNECT WITH OTHERS

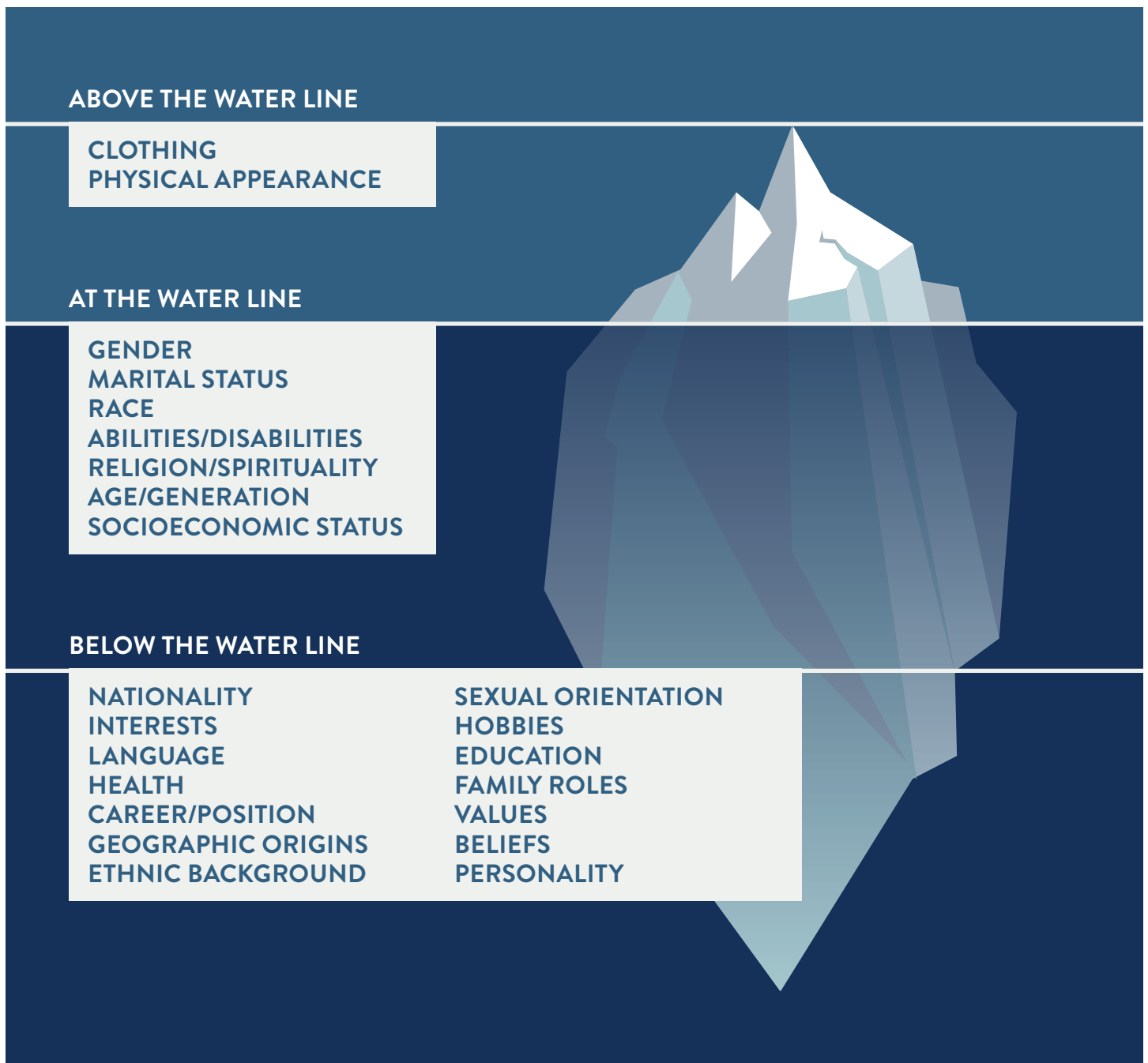
LEARN ABOUT CLARIFYING PURPOSE

SET A SMART GOAL

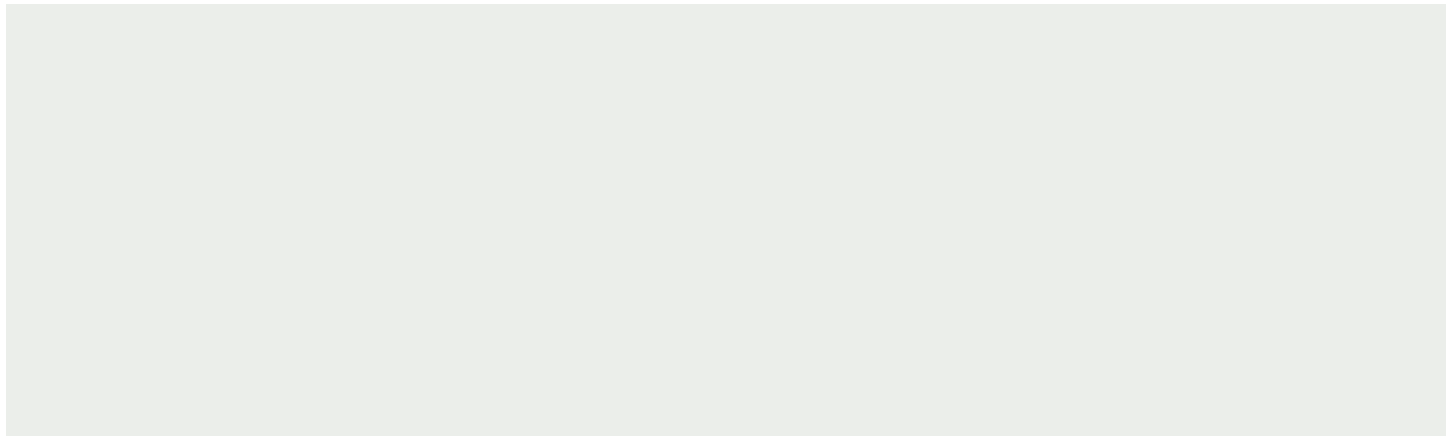
**PRACTICE INCLUSIVITY**

ENGAGE IN A SUCCESS NETWORKING TEAM

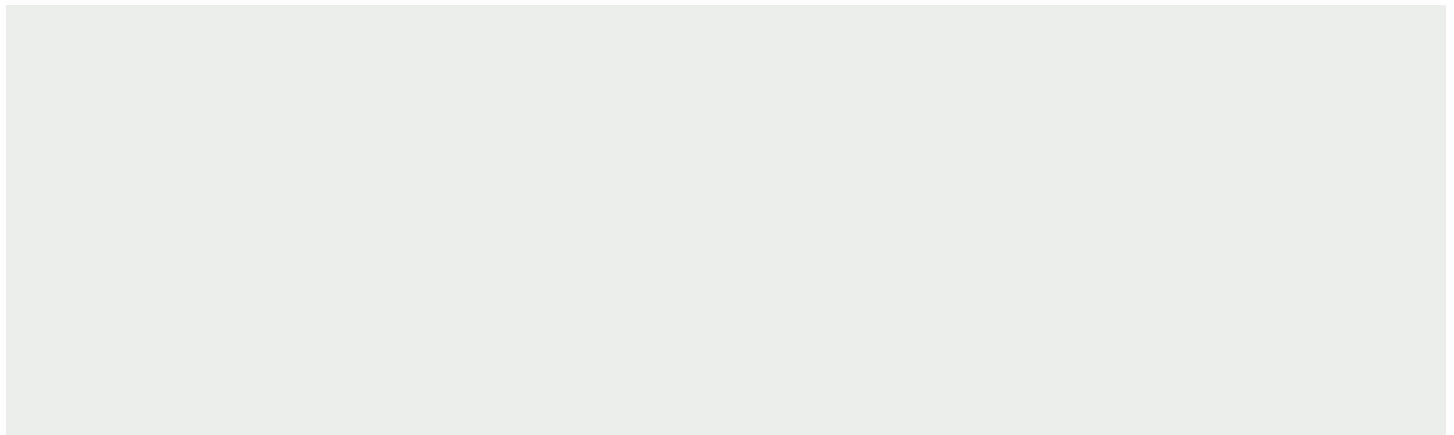
Creating an inclusive network means leaders must see the world from a variety of perspectives. But what if, in our interactions with others, we only focus on the things we can see on the surface? This activity will help to develop the skills necessary to become a leader who looks beyond the surface and values others' perspectives.



**SOMETHING YOU MAY NOT KNOW JUST BY LOOKING AT ME IS:**



**IN THIS SPACE, RECORD WHAT YOU LEARNED ABOUT YOUR GROUP MEMBERS THAT GOES BEYOND THE SURFACE LEVEL THINGS YOU CAN SEE.**



## WHAT'S NEXT

The next phase in your steps to Induction is to complete **3 Success Networking Team Meetings** and attend **3 Speaker Broadcasts!**

- ✓ **ORIENTATION**
- ✓ **LEADERSHIP TRAINING DAY**
- 3 SUCCESS NETWORKING MEETINGS**
- 3 SPEAKER BROADCASTS**
- INDUCTION**